Consider a consumer who has a utility function

$$u(c_t, z_t)$$

(1)

where $z_t$ is leisure (mnemonic: $z$ for laZiness) and $c_t$ is consumption. Normalize the maximum possible labor supply to 1; actual labor supply is $\ell_t$, so that

$$\ell_t + z_t = 1.$$  

(2)

The wage earned for working one unit of time is $W_t$, and labor income is the wage rate multiplied by the amount of labor supplied,

$$y_t = W_t \ell_t$$

$$= (1 - z_t) W_t.$$

(3)

Suppose the consumer has a fixed amount $x_t$ to spend in period $t$ on consumption and leisure,

$$x_t = c_t + z_t W_t,$$

(4)

where $x_t$ can differ from income $y_t$ because this might be a single period in a multi-period problem.

The price of leisure is $W_t$ (your income is lower by this amount for every extra unit of time you spend not working) and the price of consumption is 1, so the first order condition from the optimal choice of leisure says that the ratio of the marginal utility of leisure to the marginal utility of consumption should be

$$W_t = \left( \frac{u^z}{u^c} \right).$$

(5)

To see this formally, note that the consumer’s goal is to

$$\max_{\{c_t, z_t\}} u(c_t, z_t).$$

(6)

subject to a budget constraint

$$c_t = x_t - W_t z_t$$

(7)
so (6) becomes

$$\max_{\{z_t\}} u(x_t - W_t z_t, z_t)$$

(8)

for which the FOC is

$$-u^\circ W_t + u^z = 0$$

$$W_t = (u^z/u^c).$$

(9)

This is just the classic condition that says that the ratio of prices of two goods should equal the ratio of their marginal utilities, which applies in any standard microeconomic problem.

Now, assume there is an ‘outer’ utility function $f(\bullet)$ which depends on a Cobb-Douglas aggregate of consumption and leisure

$$u(c_t, z_t) = f(c_t^{1-\zeta} z_t^\zeta)$$

(10)

The inner function has the property that $z_t W_t = c_t \eta$ for $\eta = \zeta/(1 - \zeta)$, which implies utility can be written

$$f((W_t/\eta)^{-\zeta} c_t).$$

(11)

$$\max_{z_t} f \left( (x_t - z_t W_t)^{1-\zeta} z_t^\zeta \right)$$

(12)

FOC:

$$(1 - \zeta)W_t (x_t - z_t W_t)^{-\zeta} z_t^\zeta f' = \zeta (x_t - z_t W_t)^{1-\zeta} z_t^{\zeta - 1} f'$$

$$W_t z_t = c_t \frac{\zeta}{(1 - \zeta)} \equiv \eta$$

(13)

so

$$f(c_t^{1-\zeta} z_t^\zeta) = f(c_t^{1-\zeta} (\eta c_t / W_t)^\zeta)$$

$$= f((W_t/\eta)^{-\zeta} c_t)$$

(14)

Over long periods of time as wages have risen in the U.S., the proportion of time spent working has not changed very much (an old stylized fact recently reconfirmed by Ramey and Francis (2006)). Similarly, across countries with vastly different levels of per capita income, or across people with vastly different levels of wages, the amount of variation in $z_t$ is small compared to the size of the difference in wages.
These facts motivate the choice of utility function; King, Plosser, and Rebelo (1988) show that other choices of utility functions produce trends, but no such trends are evident in the data. To see why the trends are produced, think about a model in which the lifetime lasts only a single period, with a lifetime budget constraint \( W_t = c_t + z_tW_t \).

We can solve for the level of consumption over the lifetime as

\[
W_t = (1 + \eta)c_t \\
c_t = W_t/(1 + \eta)
\]

(15)

implying that leisure is

\[
z_t = \frac{\eta c_t}{W_t} = \frac{\eta}{(1 + \eta)}
\]

(16)

which is a constant (i.e. the amount of leisure does not trend up or down with the level of wages). Obviously this is what motivates the choice of an ‘inner’ utility function that is Cobb-Douglas: For such a function, people will choose to spend constant proportions of their resources on consumption and leisure as wages rise.

Now consider a two period lifetime version of the model in which each period of life is characterized by a utility function of the same form and the lifetime optimization problem is

\[
\max u(c_1, z_1) + \beta u(c_2, z_2)
\]

(17)

subject to a lifetime budget constraint

\[
c_2 = (W_1(1 - z_1) - c_1)R + (1 - z_2)W_2
\]

(18)

From now on, assume that the ‘outer’ utility function is \( f(\chi) = \log \chi \). This implies that \( c_2/c_1 = R\beta \).

\[
c_2 = (W_1 - z_1W_1 - c_1)R + W_2 - \frac{\eta c_2}{W_2 z_2} \\
0 = (W_1 - (1 + \eta)c_1)R + W_2 - (1 + \eta)c_2 \\
c_2 = (RW_1 + W_2)/(1 + \eta) - Rc_1
\]

(19)

so the lifetime optimization problem becomes

\[
\max_{c_1} \{ \log c_1 - \zeta \log W_1 + \beta (\log c_2 - \zeta \log W_2) \}
\]

(20)
with FOC

\[ \frac{1}{c_1} = \frac{R\beta}{c_2} \]
\[ c_2/c_1 = R\beta. \]  

(21)

Now we want to compare this to the two period lifetime model with no labor supply decision. In that model, the profile of consumption was unrelated to the profile of labor income over lifetime. In this model, the profile of \( c \) is unrelated to profile of wages \( W \); however, the lifetime profile of *leisure spending* is identical to the lifetime profile of consumption spending,

\[ \frac{W_2 z_2}{W_1 z_1} = \frac{\eta c_2}{\eta c_1} = R\beta \]
\[ z_2/z_1 = R\beta \frac{W_1}{W_2} \]
\[ (1 - \ell_2)/(1 - \ell_1) = R\beta \frac{W_1}{W_2} \]

so leisure moves in the opposite direction from wages, which means labor supply \( \ell = 1 - z \) moves in the same direction as wages. This makes intuitive sense: You want to work harder when work pays better.

To make further progress, assume \( R\beta = 1 \) and define wage growth as \( G = W_2/W_1 = (1 + g) \). Assume that young people tend to work about half of their waking hours \( \ell_1 = (1/2) \) (remember vacations, weekends, etc!).

Note that under these assumptions we can rewrite (22) as

\[
(1 - \ell_2)G = (1 - \ell_1) \\
g = (1 + g)\ell_2 - \ell_1 \\
\ell_2 = (g + \ell_1)/(1 + g) \\
= (2g + 1)/2(1 + g)
\]

(23)

Empirically, wages in the U.S. tend to grow between youth and middle age by a factor of \( G \approx 2 - 4 \) (depending on occupation and education), so \( g \approx 1 - 3 \), but labor supply is about the same for 55 year olds as for 25 year olds, \( \ell_2 \approx \ell_1 \).

Suppose for analysis that \( g = 2 \). Then (23) becomes

\[ \ell_2 = (5/6) \]

(24)

so the theory says middle aged people work more than young people by \( (2/6)/(3/6) = 2/3 \). This is of course absurd - it implies that middle aged people would barely have time to breathe because they were working so hard.
One objection to this analysis is that it assumed $R\beta = 1$, which implies that consumption when young equals consumption when middle aged. In fact, on average consumption grows by about the same amount as wages between youth and middle age. So perhaps the right assumption is $R\beta/G = 1$. Under this assumption, we obviously have $\ell_2 = \ell_1$, matching the empirical fact.

However, there is predictably different wage growth across occupations and education groups. Write $G_i = G\Gamma_i$, where $\Gamma_i$ now will differ for people in different occupations indexed by $i$, and plausible values range from $\Gamma = 0.5$ (manual laborers) to $\Gamma = 1.5$ (doctors), leaving the average value of $\Gamma$ across the two groups at $\Gamma = 1$. It is an empirical fact that the magnitude of variations in labor supply across these groups is rather small, both in youth and in middle age.

Assuming $R\beta/G = 1$, rewrite (22) for each occupation as

\[ (1 - \ell_2)\Gamma_i = (1 - \ell_1) \]  

(25)

For $\Gamma_i = 0.5$, if $\ell_1 = 1/2$ we have

\[ (1 - \ell_2)0.5 = 1/2 \]

(26)

implying $\ell_2 = 0$ - manual laborers would work zero hours. However, if $\Gamma = 1.5$ so that

\[ (1 - \ell_2)(3/2) = 1/2 \]

\[ (1 - \ell_2)3 = 1 \]

(27)

\[ \ell_2 = 2/3 \]

so doctors would be working much harder when middle aged than when young. Thus, the theory says that if labor supplies are equal when young (which is approximately true), they should differ drastically by middle age (which is not remotely true). That is, lifetime labor supply does not seem to respond very much to predictable variation in lifetime wages. This is described in the literature as a “small intertemporal elasticity of labor supply.”
References
